

A 55+ Ministry based on St. Luke's Mission and Core Values:

We exist to reflect God's love, deepen people's connection to Christ and show compassion to all in a way that changes lives.

Our goal is to build relationships within the broader community of Highlands Ranch and the surrounding communities and to reach out to others by actively supporting our missions ministry.

We provide intentionally structured programs and activities to enhance the lifestyles and interconnectedness of our Seniors at St. Luke's.

Contact:
Sam Leahy
sam©stlukeshr.com



SPRING 2025

Conversations with the Pastor



First Tuesday of the Month 2:00-3:00pm

Mar. 4- Rev. Sallie • Apr. I - Rev. Calob • May 6 - Rev. Liza Join us in the Chapel to meet with a pastor for an open forum discussion and to ask questions. No subject is off limits. Open to everyone.

MARCH: Coffee Tasting with Wagon Coffee's Tami Canaday



Tuesday, March 25 at 9:15am Come build your palate and explore different coffee flavors while learning about how to detect subtle flavor differences between coffees. Enjoy community connections (and coffee!), and leave

with a foundational understanding of tasting notes. We can't wait to see you there! Please reserve your spot by contacting Sam ~ Cost is \$20

APRIL: Country Line Dancing with Vern & Eileen



Thursday, April 10 at 3:00pm Invite friends and join the Coys in Fellowship Hall for an afternoon of fun dancing. It's a great way to improve coordination, balance, and overall fitness, all while having a good time.

MAY: Cooking Class with Melinda Thursday, May 1 at 10:00am Melinda Davidson curates easy, nutritious foods to inspire the heart, invigorate the mind and body, and delight the palate! Cost \$20. RSVP to Sam

Senior Dining Group

For more information and to add your name to a group, contact Phoebe Mitchell at pajrmitch I © gmail.com

Men's Social Breakfast Club

This men's group meets on the last Monday of each month at 7:30am at the local Village Inn. Contact Steve Stine at sstine©zivaro.com

Common Thread

This group of retired and senior ladies will meets the first Wednesday of the month at 10:00m for Oct., Nov. & Dec. in the Conference Room.

Contact Betty Ludlam at betty.ludlam 1718©gmail. com

Check out these additional opportunities on our NEW webpage - stlukeshr.com click the 'Seniors at St. Luke's' logo: Itch to Stitch • Monthly Services at Windcrest • Sunday Morning Bus Pick up at Windcrest